

PRESS RELEASE

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ANNOUNCING THE 2005 LA BLACK BOOK EXPO BOOK AWARD ANTHOLOGY WINNER

LIFE'S SPICES FROM SEASONED SISTAHS, A COLLECTION OF LIFE STORIES FROM MATURE WOMEN OF COLOR

Richmond, California June 8, 2005 The acclaimed Life's Spices from Seasoned Sistahs, A Collection of Life Stories from Mature Women of Color has just been awarded the 2005 LA Black Book Expo Book Award for the Anthology.

Life's Spices from Seasoned Sistahs, A Collection of Life Stories from Mature Women of Color is a new anthology containing stories and poetry written by mature women of color from all walks of life. They hail from New York, California, Texas, New Mexico, and many other states. These women write about life affirming events, including the trials of parenting, the death of a spouse or a child, learning to age gracefully, caring for aging parents, living through menopause, and much more.

The goal of the LABBE book award is to provide increased attention to the literary achievements of African and African American centered publishers, writers, authors, poets, and editors. The 2005 awards were based on editorial excellence, professional production, originality of the narrative, and value to a particular literary genre.

All LABBE award winners will be honored on June 10, 2005 at the opening reception of the Los Angeles Black Book Expo at Exposition Park at 3980 S. Menlo Avenue in Los Angeles California at 6:00 PM.

To order the books send \$18.80 to Nubian Images Publishing PO Box 1332, El Cerrito, Ca. 94530, or order online at www.nubianimagespublishing.com, and from Amazon.com. Order by phone at 510 236-2324, and from Marcus Bookstores in Oakland, and San Francisco, and everywhere books are sold.

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