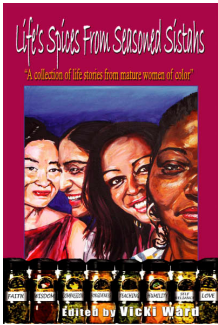


Life's Spices from Seasoned Sistahs, A Collection of Life Stories from Mature Women of Color



Life's Spices From Seasoned Sistahs, A Collection of Life Stories From Mature Women of Color

Editor: Vicki Ward
Self Help, Women's Studies
ISBN 0-9755162-0-5
Trade Paperback
Available April 2005
Pages 273

Price \$14.95

Dimensions: 6" x 9"

Available thru Baker and Taylor, Amazon.com, booksellers everywhere

Publisher: www.nubianimagespublishing.com

Print run 5000

Life's Spices from Seasoned Sistahs, A Collection of Life Stories from Mature Women of Color is a new anthology containing stories and poetry written by mature women of color from all walks of life. They hail from New York, California, Texas, New Mexico, and many other states. These women write about life affirming events, including the trials of parenting, the death of a spouse or a child, learning to age gracefully, caring for aging parents, living through menopause, and much more.

"As women of color, our voices have long been denied, and this book serves notice that we will to be heard. I revel in the stories that tell of my people and culture. Our validation as women of color needs to be shared in books like this..."
Eleanor Taylor, reader.

"In our ever-changing, fast-paced culture, we need ways to bridge our cultural, and age differences, to strengthen our network for each other. Women need to be there to support other women through life's trials, sharing their goals, and plans, and to be there when life falls apart as it often does for all of us..."
Vera Franklin, reader

Promotional events include book signings the prestigious African American Museum, and Library in Oakland, at local bookstores coffee shops, and book clubs throughout Northern California. Editor Vicki Ward is scheduled to speak and sign books at the African Village Holiday Fair in Sacramento California Nov. 26th and Dec. 3, 2005, and will also have a booth at the Holiday Kwanzaa Gift Show at the Oakland Convention Center December 10th, and 11th, 2005.

Vicki Ward writes short stories, and poetry, and is working on her first novel. She worked as a writer for *Roots Magazine*, interviewing celebrities and writing reviews. In 1999 as a member of a touring theater troupe, she traveled to the Soviet Union, performing in the chorus of the Greek tragedy "Oedipus adapted with a Southern Baptist Church flavor," publishing an article in *Roots Magazine* about the play, and her interactions as an African American woman with the Soviet people. She is the Publisher and CEO of Nubian Images Publishing, and editor of *Life's Spices from Seasoned Sistahs; A Collection of Life Stories from Mature Women of Color*, awarded Best Anthology for 2005 by LABBE in June. She is a member of several writers and publishers organizations including The National Association of Women Writers, SPAN, Black Publishers Association, and NCBPMA.